







PK and the single Asian woman

32! SINGLE! Well there must be something wrong in your stars. Have you tried fasting on a Wednesday or going to see this priest who will be able to tell you what is wrong with your horoscope? Perhaps by wearing this stone on your middle finger it will help you find a husband?
I was born a Hindu and I'm sure what I

have described is similar to many single Asian women out there who are in their 30s and not married. Now don't get me wrong, I

was born into a Hindu family, I do believe in God and think having belief is wonderful.

It brings you peace and gives you faith, but I'm more spiritual than religious. Like, there is no more a peaceful and spiritual place for me than in a temple with the smells of agarbatti and diyas, listening to beautiful Hindu hymns, and that general feeling of peace I would imagine comes at any place of worship. But I just don't take it to a level where it takes over my life.

I recently saw the movie PK. Aamir Khan is a wonderful actor who makes movies that are always thought-provoking While *PK* continues to be controversial for reasons I don't want to go into in this column, it made me think because of the way it covers religion. I am 32 and extended family members always make comments like the ones I stated at the

beginning of this post.

But how can stars, fasting or speaking to a particular 'manager' of a God find you a life partner? Correct me if I am wrong but they can't, can they? What I do believe is every thing that is meant to happen will, whether that is finding my life partner in the next year or 10 years, or perhaps I'm meant to be single forever, who knows? But what I do know is the universe will only give me what I am meant, destined and deserve to have.

Recently fellow EE columnist Mita Mistry said to me: 'Be the best version of yourself find joy from within because positivity breeds positivity'. Just adopting that attitude really made a change in my life. I see people around me getting married and having children, and that used to bother me, but now I

think it will happen when it is meant to.

Just have faith, don't pay money to some rip off priests who say they can do something for you. Make these changes yourself by just changing your attitude. I'm not saying abandon religion. I think believing in God is wonderful and I always will, but being positive and having faith will make such an impact in your life that you won't seek to find happiness in someone else.

So step back and let what is meant to happen fall into place. You're more likely to find a life partner on a dating website than you are by fasting on a Tuesday.

wasn't for you guys.

I hope that I am always myself and not another person when I speak to you. Thank you so much and I love you all.