

G OF HER NEW SOAP

and I am one of them. So it is amazing to get that level of unconditional love from so many people, when they know they may not get that same attention back because I don't know them all. I thank God every day of my life for such wonderful fans, who love me for whatever I do. Honestly, I appreciated their excitement when they learned I was coming back on a show. I feel really privileged and feel that I have to give my best just for them.

What are your beauty secrets? Honestly, I have no beauty secrets. The

only one that I perhaps have is that I drink lots of water. And every time I wear make-up, I take the time to remove it because a make-up artist once told me that it takes 20 minutes or more to put it on, so how can you expect it to be off in two minutes? You need at least fiveseven minutes to remove it. So clean it off really well and drink lots of water.

You look equally stunning in western and traditional outfits. Which one are you happiest wearing?
I am much more comforta-

ble wearing western outfits. (Laughs) By western I mean pyjamas, I think that's the most comfortable attire that anyone can be in. But I definitely feel more comfortable in western wear, although I do love wearing traditional outfits.

When we last spoke, you were doing a lot of cooking. Have you learnt any more recipes?

No, I haven't learnt new recipes and I still don't know how to bake. That is something that I want to learn. But now that I've started working, I really doubt I will have the time (right now). But I just like cooking random stuff. Nothing special to be honest

## Would you like to give us a message for your fans?

Thanks for the wonderful response that you gave me when you learned that I am coming back on TV. I love you guys for that. I am open for all the comments that you are ready to give me. I love you and thanks a lot for loving me. I feel blessed and thank you.

Finally, what is your idea of happiness today?

I think when you are content in life with everything that is going on, that is what leads to happiness. Having mental peace of mind, I think, is important.

ment based on the theory that 'when you treat men mean, you keep them keen'.

I wasn't sure how true that was, so first I need to tell you about how I got the idea of conducting this experiment. As a single woman in her 30s who is faced with weddings, engagements and babies on a daily basis, it's hard to keep your cool in a world where dating is just a huge battlefield. If you're single and in the 28-40 age range, you will know that it is more difficult than you will know that it is more difficult than

This column is usually about my opinions rather than experiences, but recently things have been slightly more difficult. I turned 33 this year and as a woman, especially an Asian, it gets more and more difficult to find Mr Right. Currently, there are three aspects to consider – me being single forever and just wanting to find someone 'nice'; family pressure; and the fact that the older I get,

the more difficult it will be for me to ever have children. But the fact is that men don't make things any easier when it comes to dating and especially

men who don't like you.

I recently went on a date with a man who was 36. The evening went well and lasted over three hours, and he said things like 'next time', so of course, I was thinking that there definitely would be a second encounter.

However, post-date there wasn't much contact, so I eventually asked him if he wanted to go out and he ig-nored me. A couple of days later, he said there wasn't to be a second date – like I hadn't guessed that already!

Men can be such cowards when it comes to telling a girl how they feel, but I bet that if I hadn't contacted him or been less available, then he may have wanted to meet up because on the date there was definite chemistry. But men love the chase and that is what I wanted to prove.

So I decided to con-duct the 'man experiment' to see if the theory that if you are not nice to a man, he will chase you more, is true. I was in contact

with a number of guys – ones I had met online, on Tinder or organically. So I randomly chose three men I had no interest in romantically and did the following: **Boy A:** I was myself and normal with him. **Boy B:** I was very mean and rude to him. Boy C: I was really nice to this man. All communication was

carried out via text or phone. The experiment lasted three weeks. Read my next column to find out the results.