



le and the man

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Of fate and destiny

I RECENTLY had an epiphany, where you realise it is time to let go of all the anger, bitterness and upset in your life. Everyone goes through ups and downs, happy times as well as sad, but what we must do is learn from these experiences.

I had won a holiday to Malaga in Spain and had a life-changing time there, as that is where I experienced my epiphany. It was when I was stood on the shore in a floaty white dress, the sun beating down on me, *Khawabon Ke Parindey* from *Zindagi Na Milegi Dobara* playing on my iPod and the waves splashing around my bare feet when I had the moment – a weight suddenly lifted off my shoulders. I had let go! The words of the song resonated with me, 'whatever happens now, happens.'

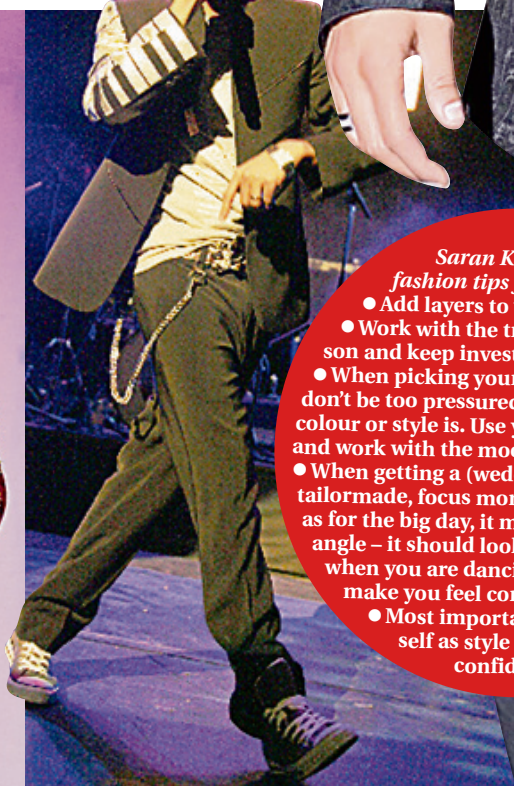
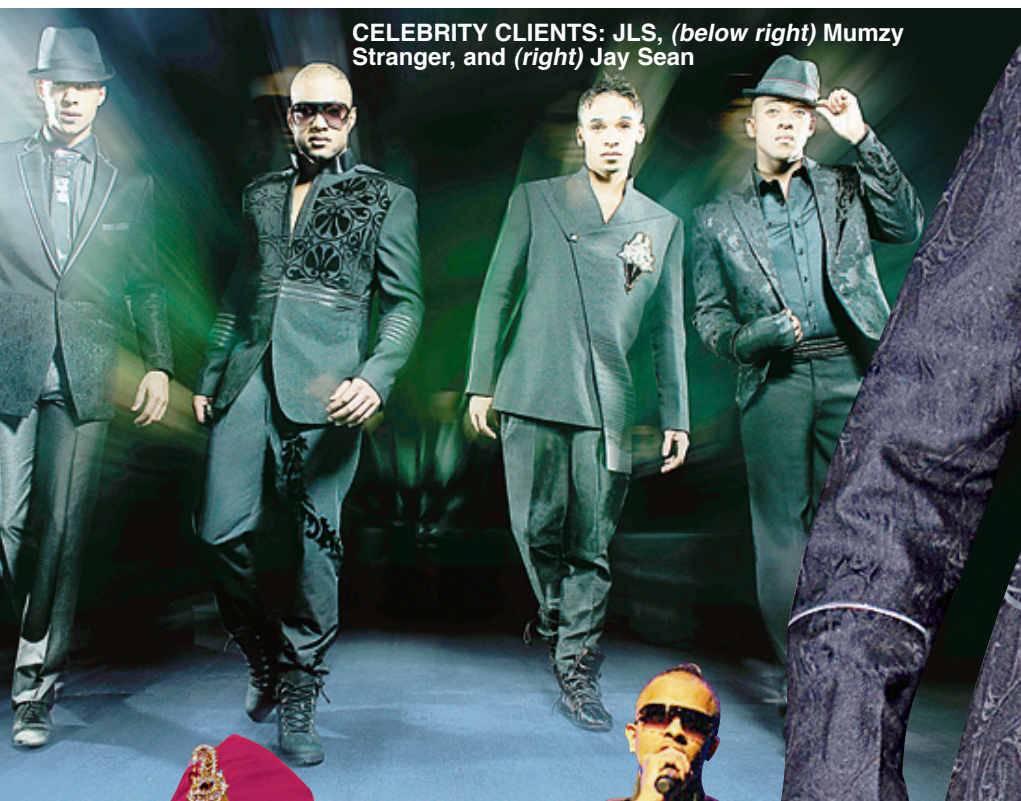
Malaga is a beautiful, warm city – if you ever visit, I recommend seeing the cathedral, the town and the beach, drink *tinto verano* and eat tapas. One thing that really struck me was the happiness that shone from within when you saw the locals. Groups of older men and women would sit on the beaches until the early hours of the morning; eating and drinking without a care in the world.

Children would play and their safety wasn't feared, teenagers would rollerblade and frolic on the beach and adults would sip their Cervezas (beers) and mojitos. But there was no rowdy behaviour like you would see in other touristy areas.

Obviously Spain has its own issues as a country, but everyone always looked happy, in comparison to when we were waiting at the airport and there was a large group of Asian girls behind us returning to the UK from a hen do. My friend Urvashi and I tried to smile at them, but not even one of the least 10 girls even cracked a smile back.

They say everything happens for a reason; whatever occurs in our life is meant to be. Of course, sometimes fate does need a little push (ie, I have to help myself by looking for a job) but if something you don't expect happens, let it. It has happened for a reason and in the words of Jamal Malik, 'it was written.' Be open to new experiences. Think of life as a big playground – you might love the swing and the merry-go-round may not be your thing, but until you take a spin you won't know whether you like it or not.

CELEBRITY CLIENTS: JLS, (below right) Mumzy Stranger, and (right) Jay Sean



Saran Kohli's fashion tips for men

- Add layers to your ensemble.
- Work with the trends of the season and keep investing in key items.
- When picking your wedding clothes, don't be too pressured by what your fiancé's colour or style is. Use your own inspiration and work with the mood.
- When getting a (wedding) suit or sherwani tailor-made, focus more on cut and function, as for the big day, it must work on every angle – it should look good in pictures, when you are dancing and should make you feel comfortable.
- Most importantly be yourself as style is driven by confidence.

hop elements. It would be a dream come true to add my flair to Kanye's wardrobe."

So has he thought about designing women's wear? "A lot of women, especially my clients' girlfriends, fiancés and wives have wanted female versions of my designs. I've dabbled a tiny bit but at present my focus is menswear. Actually, I am scared of women – I don't want a high heel flying my way," he says, laughing.

Saran is a huge sports fan and actually played cricket to county level. He also represented his school in athletics at the all-UK School Championships and is an accomplished dancer as well. In fact, dance plays such a huge part in his life that he uses it as an inspiration in fashion. "I fit dance everywhere or naturally like a puzzle, it just fits in."

Saran finishes off by telling us why he loves fashion. "It's my platform of expression and bringing thoughts to reality and of course, it's always evolving. Fashion has given me the opportunity to combine all my talents into one. I have travelled and met some of the most inspiring individuals and that aspect is reflected in my collections. Being an artist helps with a like-minded environment and in fashion, you are surrounded by artists and visions."

Log onto www.sarankohli.com to find out more.

